



UNIVERSITY OF PERADENIYA
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CENTRE FOR DISTANCE AND CONTINUING EDUCATION
දුරස්ථ හා අඛණ්ඩ අධ්‍යාපන කේන්ද්‍රය



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2017 අප්‍රේල්

FIRST YEAR (100 LEVEL) EXAMINATION IN BACHELOR OF ARTS
(EXTERNAL - NEW SYLLABUS) APRIL 2017

SUPE 006: BUDDHIST COUNSELLING PSYCHOLOGY

Answer **FIVE** questions only,

(The total number of questions in this paper is 10)

(Three Hours)

1. State the main characteristics of Buddhist Counselling Psychology and illustrate its objectives and limitations with suitable examples?
2. Explain the current social issues in Sri Lanka and indicate the reasons that cause them to arise and the Buddhist Counselling methodologies that can help to resolve them.
3. 'The Family is the foundation for building a strong nation.' Analyse this statement from the point of view of Buddhist Family Counselling.
4. Write a detailed analysis of the qualities that should be there in a Buddhist Counsellor.
5. Define Western Counselling Psychology, and explain its origin and growth and also how it can be used for resolving mental problems giving Examples.

PTO ...

6. Discuss the contributions made by psychologists such as Wilhelm Wundt, William James, Sigmund Freud and Carl Jung to modern Psychology.
7. Define Buddhist environmental Psychology and write a detailed description of its scope.
8. Critically analyze how the principals of Environmental Psychology help when conducting researches on Environmental behaviour.
9. Analyze the relevance of Buddhist Environmental Psychology to eradicate the environmental destruction currently taking place in Sri Lanka.
10. Illustrate with examples how environmental factors affect human behaviour with reference to Buddhist Environmental Psychology.

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